



# MIAMI VALLEY OUTDOOR CLUB

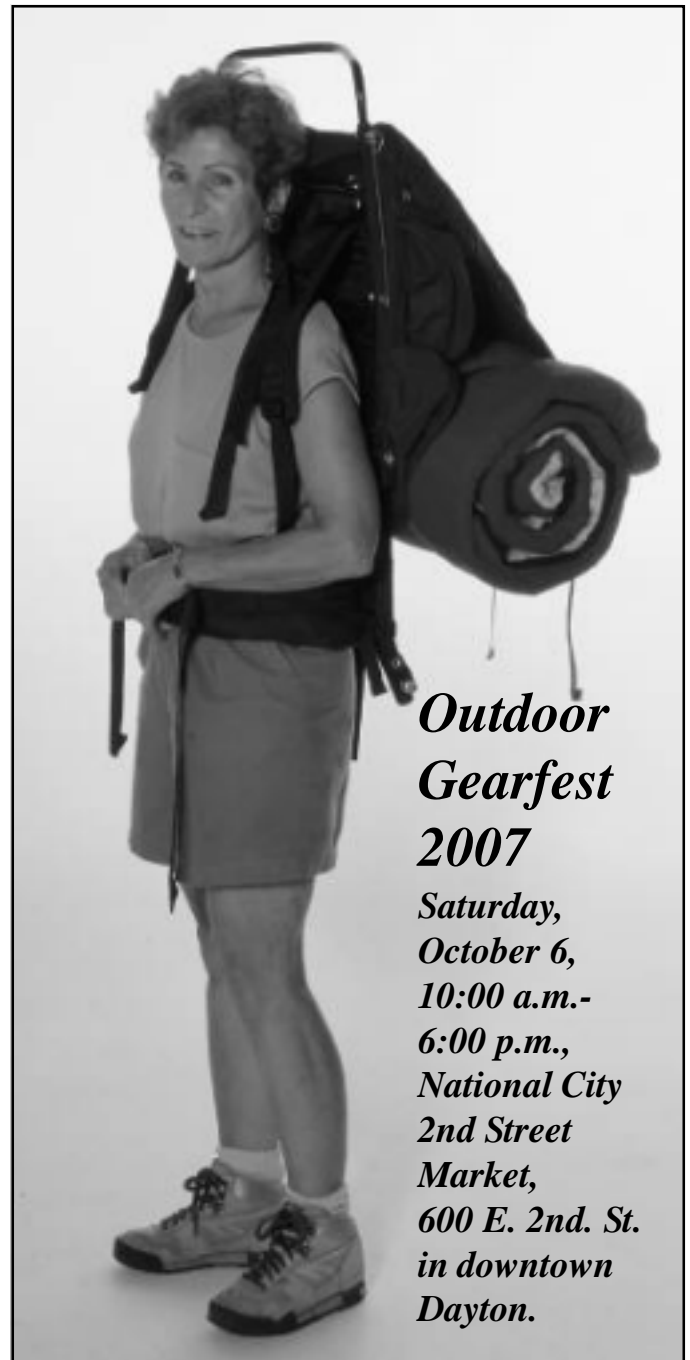
October 2007

## *Gear Up for the Fest!*

It's almost time for one of the Midwest's coolest outdoor adventure celebrations and it happens right here in Dayton. Be a volunteer and help us out at the Miami Valley Outdoor Club booth. Spend the day or just a couple hours talking to passers-by about the fun activities they can enjoy as a member of MVOC. Listen to music, eat food, check out all the outfitters, demonstrations and *GEAR* - new and used. This all-day celebration of the outdoors will bring the region's outdoor adventure community together. See kayaking, scuba and fly fishing demos, and experience the Five Rivers Outdoors climbing wall. Hear the musical groups Shrug, the Betweeners and the Eric Jerardi Band. Find out what the region's gear reps, retailers and outdoor organizations have to offer. Don't miss the outdoor fashion show and the gear auction to benefit outdoor adventure advocacy groups.

Individuals, reps and others can sell their pre-owned gear as well as shop for the latest hardware. Take advantage of the consignment service that allows individuals to drop outdoor gear off for sale at the gear tent and return later to pick up the proceeds. For more information go to [www.metroparks.org](http://www.metroparks.org) and click on Five Rivers Outdoors.

Anyone who wants to sign up to work at the MVOC booth, call Sandy Todd at 698-5046. It's a fun way to spend a Saturday afternoon!



## *Outdoor Gearfest 2007*

*Saturday,  
October 6,  
10:00 a.m.-  
6:00 p.m.,  
National City  
2nd Street  
Market,  
600 E. 2nd. St.  
in downtown  
Dayton.*

## Good-bye to a Fellow Adventurer

The Miami Valley Outdoor Club lost one of its members, Vivian I. Rudy, unexpectedly on September 12. Vivian was born in Irvine, KY and lived in Eaton, OH. In 1962 she married Elmo Rudy, another MVOC member and father of MVOC member Donna Gehring.

## Cross Country Ski Trip Planning and Carry-In, Sunday, September 30

Friends are gathering on Sunday, September 30 to take a look at the possibility of cross country skiing for a week this winter in the area of Paradise, Michigan, which is in the eastern section of Michigan's upper peninsula. Carry-in at 6:00 p.m. with the meeting to start around 6:45 p.m. David and Virginia Wood will have sloppy joes and cider to share. Bring side dishes or dessert or just join them for the planning. Call Virginia and David to let them know you are coming or to get directions to their house 426-9875. Not able to make the meeting? Let Virginia and David know of your interest so that they can keep you informed of the plans that are being made and include you in the selection of housing options.

## October Activities

### Membership Meeting, Tuesday, Oct. 2

The guest speaker will begin at 7:00 p.m. preceded by the business meeting at 6:30 p.m. Come at 6:00 p.m. for socializing and trip planning. The meeting will be at Wegerzyn Garden Center, 1301 E. Siebenthaler Ave., Dayton. Ruben Battino on Tramping and Touring in New Zealand had to cancel, but our program chairman Dwight Gehring assured us there would be an interesting outdoor presentation lined up by meeting time.

### Gear Fest, Saturday, Oct. 6

MVOC volunteers needed to help staff our booth in 2-hour shifts from 10:00 - 6:00 p.m. Two people per session is preferred and, besides, it's more fun with company! Please sign up at the Oct. 2 membership meeting or contact Sandy Todd at 698-5046 if you are able to give us a hand.

Don't miss this great way to spend a Saturday afternoon, jawing with other outdoor lovers, eating hot dogs and looking for that bargain on some gear you didn't know you needed.

### Board Meeting, Thursday, Oct. 11

This month's board meeting will be at Marion's Pizza Restaurant, 3443 N. Dixie Dr., 6:00 p.m. All club members are welcome.

### Trail Maintenance, Saturday, Oct. 20

We'll meet at 9:00 a.m. at Burr Oak National Forest campground. Bring work boots, work clothes, lunch and water for drinking. Camping is free before, during and after, at the campground and in the National Forest. For more information and directions, contact Ralph Weiss

1-937-698-3232

Cell # 1-937-545-4201

E-Mail [weisspainting@aol.com](mailto:weisspainting@aol.com)

## Trip Reports

### Glen Helen Hike, Saturday, Sept. 15

*By Sandy Todd*

Sunday was just a perfect early autumn day. Connie Steele, David and Sandy Todd met at the Trailside Museum at Glen Helen for a fall edible talk and walk. Dave, the instructor, informed the group about various mushrooms and gave clear info regarding three edible fall mushrooms that are found locally. We didn't find any mushrooms because of the dry weather. During the walk he pointed out other common plants that were edible. There will be another Glen Helen sponsored walk on October 13. The walks are open to the public.

### Indiana Campout, Aug. 24-26 Truth, Lies and Key Lime Pie

*By Sheryl Faulkner*

On August 24, Sheryl Faulkner, Donna & Dwight Gehring, Luisa Guardione, Paul Hopper, Lindy McDonough and Mike Nelson made the trek from Dayton to the beautiful Harrison Crawford State Forest in southern Indiana. Our home for the weekend would be the Stage Stop Primitive Campground situated approximately 2 miles from O'Bannon Woods State Park between Corydon and Leavenworth. After choosing our campsite along the Blue River, we set up camp and then drove to The Overlook Restaurant in Leavenworth for our 8:00 reservation. Dinner was fabulous as we enjoyed home-style cooking and a terrific view of the sun setting on the Ohio River making the evening complete.

Saturday started off with breakfast at camp

followed by a short 1-mile hike on the Sharp Springs Trail. The trail was in need of maintenance in some areas, but the hike was enjoyable due to our very warm welcome from "Nellie" the goose and the many colorful butterflies that we saw along the way. We might have actually hiked more if not for the heat and humidity. So, off we went to Wyandotte Cave for our picnic lunch and a 90-minute guided tour of The Big Cave. As we went along in the cave, we were treated to the sights of many helictite formations, historic Monument Mountain and several Indiana bats. Our guide was very informative of the cave's history and even delighted us with the legend of Andrew Rothrock, the young boy who is said to haunt the caves that he once led people through back in the 1800's.

After our cave tour and a worthwhile trip to the General Store, we all made our way back to camp. Following some discussion, it was nearly a unanimous vote that it was too hot for a campfire or for cooking over a camp stove and that we all really wanted to eat in an air conditioned restaurant as we had the night before. Well, this was absolutely out of the question without a shower and there were no showers on our campground. However,

we knew there were showers in the State Park. We asked ourselves, "how far would I go for a shower?" Well, my answer was clear! I would go very far! I conjured up the bravery and told the gatekeeper my tale, which Dwight heartily confirmed with his "Whatever she said!" It was really funny, though, how we never seemed to find our "friends" who were camping in the State Park.....hmmm. All I can say now is thank goodness for good humored, forgiving gatekeepers. NEVER has a shower felt so good!

Dinner that evening was a treat; we ate at The Dock Restaurant, another local hot spot right on the river. This view of the river and the sunset were even more beautiful than the night before. And a conversation with a friendly and helpful waitress left us with many ideas for attractions to see on Sunday as we drove home.

All in all, everyone had a good time and I know I'll keep the memories that were made for many years!

Oh, I almost forgot! After dinner at The Dock, we headed back to camp for dessert. Can you guess what it was? Yep, the *Key Lime Pie* made a comeback! Are we forgiven, Donna?

## Shawnee Forest Backpack Trip Saturday-Sunday, November 3-4

Join us for the fall colors at Shawnee State Forest in southeastern Ohio. The plan is to drive down early Saturday and hike 8 miles to camp one to spend the nite. Sunday we are to hike out another 8 miles completing a 16-mile loop. We will be following the Silver Arrow Trail which is the first official loop hike suitable for backpacking in Shawnee Forest. The trail is considered moderate to strenuous but mostly ridgetop. For those that prefer a shorter hike there is a 3-mile trek in from Bear Lake. Some arrangements need to be made but it is a possibility. If interested call Gary Mount 937-367-6702 for details.

## Historic Canal Trek, Sunday, Nov. 18

Interested in learning about and exploring a bit of Ohio's history? This is a day trip to explore and learn about the Miami Erie Canal. We'll visit the canal towns of Minster, New Bremen and Saint Mary's in Auglaize County. We'll take several short hikes along the canal tow path on the Miami Erie Scenic Trail to explore what remains of the canal, locks and aqueducts. Our trip will include a visit to a canal museum. The Miami Erie Canal has a fascinating history. It was completed in 1845 and was dug entirely by hand, mostly by immigrant

labor. The canals boats carried both freight and people into the Ohio wilderness in the era before railroads. Come hike along the canal tow path and imagine you were there during its heyday. The itinerary for this trip is still being finalized. You will need to arrange your own transportation to Minster but from there we'll board a large passenger van for our tour. If you are interested please contact Andy Niekamp at andyniekamp@gmail.com or 937-296-0245. Limit 12 people. Visit [www.mvoc.net/canaltrek/](http://www.mvoc.net/canaltrek/) for more information.

## Coming Up

- Sept. 30..... Ski Trip Planning Meeting
- Oct. 2..... Membership Meeting,
- Oct. 6..... GearFest at 2nd St. Market
- Oct. 16 ..... Newsletter Deadline
- Oct. 20..... Trail Maintenance
- Nov. 3-4 ..... Shawnee Backpack Trip
- Nov. 6..... Membership Meeting, Andy Niekamp, "Lessons Learned From an Appalachian Trail Section Hiker"
- Nov. 18 ..... Historic Canal Trek
- Dec. 4..... Annual Holiday Feast & Auction

## Membership Response Form

Annual dues are \$16 for singles or \$24 for families. New members joining after July 1 may pay half a year's dues.

Name \_\_\_\_\_ I'd like to join \_\_\_\_\_ I'd like to renew \_\_\_\_\_

Address \_\_\_\_\_ I'd like more information \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone # \_\_\_\_\_

Email address \_\_\_\_\_ Amount Enclosed: \$ \_\_\_\_\_

Please circle one: (Include) (Do not include) my name and information on the annual roster sent to all MVOC members.

I hereby declare that I am at least 18 years of age and agree to abide by the rules and regulations of the Miami Valley Outdoor Club. I do hereby relieve the Miami Valley Outdoor Club and/or its officers and members from all responsibility and liability regarding any loss, injury, or accidents incurred at, or related to, any club activity or function.

Signature \_\_\_\_\_ Date \_\_\_\_\_

### *MVOC Officers*

President:	Sandy Todd	698-5046	saza3@hotmail.com
Vice President:	Gary Mount	367-6702	glmount@yahoo.com
Secretary/Treasurer:	Dale Bockhorst	433-5533	dalebockhorst@yahoo.com
Programs Director:	Dwight Gehring	836-8515	dgehring@worldnet.att.net
Newsletter/Publicity:	Lindy McDonough	278-1493	lindymcd46@aol.com
Activities:	Donna Gehring	836-8515	dgehring@worldnet.att.net
Webmaster:	Shari Christy	879-7241	mac.secretary@sbcglobal.net

### **Miami Valley Outdoor Club**

**P.O. Box 292571**

**Dayton, OH 45429**

*www.miamivalleyoutdoorclub.org*



### **T-Shirts & Stickers Available**

On sale at meetings.

Tee's \$10 and stickers \$1.50