



# MIAMI VALLEY OUTDOOR CLUB

February 2007

*“7,000 miles on the Pacific Crest, Continental Divide and Appalachian Trails”*

## **Membership Meeting, Feb. 6**

Seasoned outdoorsman and reporter for the *Dayton Daily News*, Larry Budd, will tell us about his adventures walking the Pacific Crest, Continental Divide and Appalachian Trails from 1985-1987. Larry is also a sailor, kayaker, and trail runner, sometimes reporting his outings in the DDN, including a canoe trip with photographer Ty Greenlees along most of the Little Miami River. His favorite hiking spot in the area is the Red River Gorge.

Someday he'd like to visit Nepal and climb the Himalayas, and hike Europe from top to bottom. While he was pondering this trip and a trek on the northern section of the Continental Divide he met his wife. In recent years he's been developing a multimedia project starting from an unpublished story he wrote about a return to the Wolf Creek Pass, where his hikes nearly ended in 1987. He has instructed his wife to spread his ashes there after his death.

Larry's talk will start about 7:45 p.m., preceded by the business meeting at 7:00 p.m. Come at 6:30 p.m. for socializing and trip planning. The meeting will be at Wegerzyn Garden Center, 1301 E. Siebenthaler Ave., Dayton.



*“I Thought You Had A Map!” Paria Canyon in Utah/Arizona, 1997 (above) by Paul Hopper is among over seventy photos by MVOC members on display Feb. 1 - Mar. 29. Details page 3.*

## February Activities



### **Third Annual Chili Cook-Off & Hike at Sycamore State Park, Sunday, Feb. 4**

Dust off that favorite chili recipe and delight hungry MVOC'ers with a pot full of gastronomical wonders. Side dishes, salads and desserts are welcome too. We should start gathering at the Sycamore State Park day use barn by 1:30 and then begin our hike at 2:00. After our hike we begin the arduous task of eating different kinds of chili and voting on the best one and then awarding the coveted GOLDEN SPOON. David Todd will have a roaring fire in the stove to warm our toes and the chili will warm our tummies. Park entrance off Snyder Rd. north of Wolf Creek Rd. For more info contact Sandy Todd at 698-5046.

### **Urban Krag Wednesdays Feb. 7, 14, 21 & 28**

*by Donna Gehring*

At our first climb of 2007 on Jan. 10, my husband Dwight and I and Jim Nies, showed up. All three of us plan to return weekly. I somehow don't notice until I'm at the top of my climb how hard I'm breathing and how much I'm sweating. The puzzle and dance of negotiating the climb so occupy my mind that I don't notice the workout my body is getting. It is great motivation to get in shape or stay in shape. We meet at the Urban Krag, 125 Clay St. in the Oregon District, downtown Dayton at 6:00 p.m. on Wednesdays. Let me know if you plan to attend. 836-8515 or [dgehring@worldnet.att.net](mailto:dgehring@worldnet.att.net)

### **Board Meeting, Thursday, Feb. 8**

This month's board meeting will be at Marion's Pizza Restaurant, 3443 N. Dixie Dr., 6:00 p.m. All club members are welcome.

### **Skunk Cabbage Hike, Brukner Nature Center, Sunday, Feb. 11**

Join Jim and Connie Steele on a hike at Brukner Nature Center on Sunday, February 11. The goal is to search for signs of early spring in the forest, especially the Skunk Cabbage.

The center features 6 miles of trails running through a variety of ecological areas and terrain that go from steep and rugged to flat and wandering. We plan to start hiking at 2 pm. Afterwards, for those interested, we will travel to nearby Troy for dinner. Note that there is a trail use fee on Sunday for non-members: \$1.00 per adult, \$0.25 per child, and/or \$2.00 per family. Dogs are not allowed on the trails. Brukner Nature Center is located just 5 miles west of Troy, Ohio, off of State Route 55. To reach the center, take exit # 73 off of I-75 and travel west on State Route 55 for approximately 2.4 miles. Turn right onto Horseshoe Bend Rd. and the entrance to the Brukner Nature Center will be 2.1 mi. down on the right. Call the Steeles at 698-5397 if interested or email [connsteele@msn.com](mailto:connsteele@msn.com).

### **Car Camping & Hiking at Sugarcreek Reserve, Saturday-Sunday, Feb. 17-18**

Don't let winter keep you indoors! Hiking in the woods in winter offers great views of the terrain that you can't see in the summer, when leaves and undergrowth obscure the forest floor. Jim and Connie Steele are planning a winter car camping/hike at the group campsite

Sugarcreek Reserve is a Five Rivers MetroPark. We'll gather at the Oak Group Campsite off of Ferry Rd. for a potluck supper at 6 p.m., then enjoy a roaring campfire, courtesy of the MetroParks, which furnishes the firewood. We'll hike on Sunday, starting at 10 a.m. If you're not into camping, you can still join us for the potluck Saturday and/or the hike on Sunday. Interested? Call Connie at 698-5397 or email [connsteele@msn.com](mailto:connsteele@msn.com).

## **Glen Helen Day Hike, Saturday, Feb. 24**

If you've never seen a skunk cabbage and missed the Skunk Cabbage Hike earlier this month, here's another chance to spot the first wildflower of the season, which usually makes a timid appearance by the end of February. This year may be different. We will do our hike on Saturday morning and be done by lunch-time. Contact person: Donna Gehring 836-8515 or [dgehring@worldnet.att.net](mailto:dgehring@worldnet.att.net)

### **Activity Reports**

## **Annual Old Man's Cave Winter Hike, Saturday, Jan. 20**

*by Gary Mount*

This particular Saturday morning proved to be a beautiful day for this popular event. We had 3 hikers, Ella Himes, Doral Drew, and Gary Mount and one spectator, Nadine Drew, in attendance representing the club. We hit the trail at 11:00 a.m. Doral happened to be number 3580. Needless to say there were lots of people in attendance. There wasn't any snow there but the giant icicles gave the cliffs the look of winter. At Cedar Cove the lines moved very quickly for the outstanding refreshments which consisted of ham and bean soup cooked in iron kettles over an open fire, corn bread, coffee and hot chocolate. What a treat it was! We arrived at Ash Cave by 2:00 p.m. where we boarded the shuttle bus that returned us to our cars. This hike is very well organized and attended. I would highly recommend it to anyone for not only the food and the scenery, but the camaraderie as well.

### **Other Items of Interest**

## **Membership Renewal Time!**

Be sure to renew your membership this month, so you won't miss out on any MVOC activities in 2007. A membership gets you the monthly MVOC newsletter, email notices and lots of outdoor opportunities. It's important that all new and renewing members send a member-

ship response form along with the 2007 dues. Encourage your friends and family to join so they can enjoy an entire year of fun in the outdoors! If you don't renew your membership in February, you will be removed from the mailing list in March.

## **2007 Elections at Feb. 6 Meeting**

During the Feb. 6 membership meeting we will be electing a new slate of officers. Several people have volunteered to serve on the board already, however, we will take additional nominations during the meeting. The nominees/volunteers are listed below:

President: Sandy Todd

Vice President: Gary Mount

Secretary/Treasurer: Dale Bockhorst

Programs Director: Dwight Gehring

Activities Director: Donna Gehring

Newsletter Editor: Lindy McDonough

Publicity/Webmaster: Open

There is a real need for a webmaster. MVOC is paying for an internet service provider every month and it is important that we keep the website up-to-date. Some new members have reported finding our group on the internet.

## **MVOC Photo Exhibit at Dayton Metro Library, Downtown, Feb. 1 - Mar. 29**

Thirteen MVOC members have over 70 photos of club and personal trips in the out-of-doors on display during February and March at the Dayton Metro Library, 215 E. 3rd St. in downtown Dayton. The images span the 1970's to 2006 and range from Scotland, to the Caribbean, Hawaii and Canada as well as the United States from New York and Washington states to Arizona and Florida. Scenes from nearby trips in Ohio and the Miami Valley are included.

Brent and Amy Ainslinger will be presenting their Buckeye Trail adventure at the library Wed., Feb. 28, 7:00p.m. - a good opportunity to hear their program and see the exhibit at the same time.

### **March Newsletter Deadline**

February 12, 2007

## Membership Response Form

Annual dues are \$16 for singles or \$24 for families. New members joining after July 1 may pay half a year's dues.

Name \_\_\_\_\_ I'd like to join \_\_\_\_\_ I'd like to renew \_\_\_\_\_

Address \_\_\_\_\_ I'd like more information \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone # \_\_\_\_\_

Email address \_\_\_\_\_ Amount Enclosed: \$ \_\_\_\_\_

Please circle one: (Include) (Do not include) my name and information on the annual roster sent to all MVOC members.

I hereby declare that I am at least 18 years of age and agree to abide by the rules and regulations of the Miami Valley Outdoor Club. I do hereby relieve the Miami Valley Outdoor Club and/or its officers and members from all responsibility and liability regarding any loss, injury, or accidents incurred at, or related to, any club activity or function.

Signature \_\_\_\_\_ Date \_\_\_\_\_

### *MVOC Officers*

President:	Connie Steele	698-5397	connsteele@msn.com
Vice President:	Gary Mount	367-6702	glmount@yahoo.com
Secretary/Treasurer:	Sandy Todd	698-5046	saza3@hotmail.com
Programs Director:	Dwight Gehring	836-8515	dgehring@worldnet.att.net
Newsletter Editor:	Lindy McDonough	278-1493	lindymcd46@aol.com
Activities:	Donna Gehring	836-8515	dgehring@worldnet.att.net
Publicity:	Beth Corbitt	848-2012	BethC@woh.rr.com

### **Miami Valley Outdoor Club**

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